COMPRESSION INDUCES THE EXPRESSION OF A SCLEROTIC PHENOTYPE IN HUMAN SUBCHONDRAL OSTEOBLASTS

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Purpose. Recent data showed that subchondral bone plays an important role in osteoarthritis (OA). Metabolic and morphologic modifications in this tissue contribute to the degradation of the overlaying cartilage. It was suggested that abnormal mechanical pressure applied on the joint was responsible for these changes. Here, we evaluated the effects of compression on osteoblasts from subchondral bone.

Methods. Osteoblasts were isolated from sclerotic (SC) or non-sclerotic (NSC) areas of human OA subchondral bone. After 28 days, osteoblasts were surrounded by a newly synthesized matrix and formed a strong membrane. This osteoblasts-containing membrane was then placed onto a Biopress Flexercell plate and submitted to compression (1.67 MPa) for 4 hours at the frequency of 1 Hz. The expression of IL-6, IL-8, COX-2, VEGF, IGF-1, OPG and RANKL was evaluated by RT-PCR. IL-6, IL-8 and PGE₂ were quantified by ELISA.

Results. Basal IL-6, VEGF, COX-2, IGF-1 and RANKL mRNA levels were significantly increased in SC osteoblasts as compared to NSC. By contrast, SC osteoblasts expressed less OPG than those from NSC areas. Compressions induced the expression of genes coding for IL-6, IL-8, COX-2, IGF-1, VEGF and RANKL but decreased the expression of OPG in NSC osteoblasts (p<0.01). IL-6, IL-8 and PGE₂ productions were also stimulated by compressions. Interestingly, compressed similar levels of these genes than SC osteoblasts, suggesting that mechanical strains could be responsible for SC phenotype.



Conclusions. These results indicate that in response to compression NSC osteoblasts. Moreover, SC osteoblasts are less sensitive to mechanical stimuli than NSC osteoblasts. These results clarify the role of compression in the pathogenesis of subchondral bone sclerosis and allow new perspectives of research in this field.



